

<b>MEETING</b>	<b>B&amp;NES HEALTH AND WELLBEING BOARD</b>
<b>DATE</b>	<b>06/09/2017</b>
<b>TYPE</b>	<b>An open public item</b>

<b><u>Report summary table</u></b>	
<b>Report title</b>	B&NES/Swindon/Wiltshire (BSW) Sustainability & Transformation Partnership (STP) Mental Health Delivery Plan
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<b>List of attachments</b>	Appendix 1: BSW STP Mental Health Delivery Plan
<b>Background papers</b>	<p>The Five Year Forward View for Mental Health, February 2016, <a href="https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf">https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf</a></p> <p>The Five Year Forward View for Mental Health: One year on, February 2017, <a href="https://www.england.nhs.uk/wp-content/uploads/2017/03/fyfv-mh-one-year-on.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/03/fyfv-mh-one-year-on.pdf</a></p>
<b>Summary</b>	The attached STP Mental Health Delivery Plan is presented to provide context for the development of the work programme of the Health and Wellbeing Board. It contains information on priority actions to deliver the Five Year Forward View for Mental Health across the B&NES/Swindon/Wiltshire and, also, actions for each constituent part of the STP, including B&NES. It has been informed by the Joint Strategic Needs Assessment, a gap analysis against the Five Year Forward View and by previously identified local priorities, including those in local Mental Health Strategies and Plans.
<b>Recommendations</b>	<p>The Board is asked to:</p> <ul style="list-style-type: none"> <li>• Note the priority actions set out in the STP Mental Health Delivery Plan; and</li> <li>• Identify potential opportunities for HWB to strengthen links between the work programme and priorities of the HWB and the STP Mental Health Delivery Plan.</li> </ul>
<b>Rationale for recommendations</b>	<p>There is significant overlap between the priorities in the MH Delivery Plan and the delivery of the outcomes in the Joint Health and Wellbeing Strategy as follows:</p> <p>Theme One - Helping people to stay healthy:</p> <ul style="list-style-type: none"> <li>• Reduced rates of alcohol misuse;</li> <li>• Creating healthy and sustainable places.</li> </ul> <p>Theme Two – Improving the quality of people’s lives:</p> <ul style="list-style-type: none"> <li>• Improved support for people with long term health conditions;</li> <li>• Reduced rates of mental ill-health;</li> </ul>

	<ul style="list-style-type: none"> <li>• Enhanced quality of life for people with dementia;</li> <li>• Improved services for older people which support and encourage independent living and dying well.</li> </ul> <p>Theme Three – Creating fairer life chances:</p> <ul style="list-style-type: none"> <li>• Improve skills, education and employment;</li> <li>• Reduce the health and wellbeing consequences of domestic abuse;</li> <li>• Increase the resilience of people and communities including action on loneliness.</li> </ul>
<b>Resource implications</b>	There are no direct resource implications associated with the recommendations/this report. There are potential opportunities to better align/utilise resources to deliver against priorities that are shared with the BSW STP and/or Wiltshire and Swindon HWB.
<b>Statutory considerations and basis for proposal</b>	Both the Council and the CCG have statutory responsibilities in relation to implementation of the Mental Health Five Year Forward View. In June 2017 NHS England confirmed the requirement that all Sustainability & Transformation Partnerships submit an STP Mental Health Delivery Plan for the deadline of 30 July 2017.
<b>Consultation</b>	No specific consultation has been undertaken in relation to this report. The development of the STP Mental Health Delivery Plan was overseen by a sub-group of the STP and includes STP members and wider partners commissioning and providing mental health services for both adults and children and young people. The Plan was approved by the STP Board on 21 July. A multi-agency workshop was held on 17 August Mental Health
<b>Risk management</b>	A risk assessment related to the issue and recommendations has been undertaken, in compliance with the Council's decision making risk management guidance.

## THE REPORT

- 1.1 The Five Year Forward View for Mental Health (5YFV) was published in February 2016 and followed, in February 2017 by Five Year Forward View for Mental Health: One Year On. A summary of the priorities set out in the 5YFV is included on page 2 of the Mental Health Delivery Plan attached as Appendix 1.
- 1.2 In June 2017, NHS England (NHSE) set out the requirement for each Sustainability & Transformation Partnership to develop an STP Mental Health Delivery Plan to support the delivery of the Five Year Forward View for Mental Health. The deadline for submitting the plan was the end of June 2017.
- 1.3 Work to oversee the development of the Delivery Plan was agreed to sit naturally with the STP Mental Health Work Stream Group, which was convened in February 2017 to ensure that BSW STP Plans gave the same attention and focus to mental health and wellbeing for both adults and children and young people as they do for physical health.
- 1.4 It was recognised that the emphasis should be on promoting mental health and wellbeing, prevention and early intervention, integrating physical and mental health services and, where appropriate, adults and children and young people's services. It was acknowledged that STP wide plans should prioritise those actions where commissioning and/or providing services across the B&NES/Swindon/Wiltshire footprint add the greatest value. One of the challenges, then, is to ensure that STP-wide plans align and are coherent with priorities and plans that are being delivered locally, for example, the development of Accountable Care Systems and/or plans that are being delivered across wider footprints, for example, improvements to the s136 pathway for those experiencing a mental health crisis.
- 1.5 Timescales for developing and agreeing the STP-wide Mental Health Delivery Plan were very tight. The attached plan was informed by a Gap Analysis supported by NHSE and, also, by earlier work of the MH work stream group to support the identification of initial priorities for the mental health group based on benchmarking of performance, analysis of each area's mental health strategies and plans and Joint Strategic Needs Assessments. A B&NES Public Health Consultant supported this work.
- 1.6 The outcome of this work is summarised in the attached Delivery Plan. Priority actions for 2017/18 are summarised on page 3 of the plan. The highest impact/key priorities are shown in red. The Delivery Plan was submitted in draft form for the deadline of 30 June 2017 and approved by the STP's Board on 21 July. The Delivery Plan is high-level and detailed plans are now being developed. The first step in developing more detailed plans for wider engagement was a workshop that took place on 17 August 2017.
- 1.7 The workshop brought together health and social care clinicians and practitioners, commissioners and providers of both adults and children and young people's mental health and wellbeing services, subject matter experts (for example, Health Education England, the West of England Academic Health & Science Network and the SW Clinical Network).

- 1.8 At the workshop presentations/information shared included a summary of the gap analysis, the challenges and plans of key mental health providers, a summary of the recently published national Mental Health Workforce Strategy and SW mental health workforce information and learning from other areas – particularly in relation to prevention/early intervention. Workshop attendees also heard about potential support available to support delivery of priority actions.
- 1.9 Group work in the afternoon considered the following topics, which were drawn from key priorities in the Delivery Plan:
- Transition of children and young people from Child and Adolescent Health Services into adult services
  - In-patient access
  - Urgent and Emergency Care
  - Workforce Development
- 1.10 In advance of write up of the outcomes of the day, some of the priority/high impact actions and “quick” wins highlighted through the group work were:
- **Urgent and Emergency Care:**
    - ✓ Early assessment, care plans and crisis plans (way earlier!)
    - ✓ Establishment of Safe Havens
    - ✓ Advice from Mental Health professionals via NHS 111 to avoid unnecessary hospital admission.
  - **Improving Transitions:**
    - ✓ Flexible all age life course approach, specifically aimed at 16-25s.
    - ✓ Experience based design with relevant age group
    - ✓ Action plan for achievement of ChiMAT best practice standards
  - **In-patient access:**
    - ✓ Focus on mental health Delayed Transfers of Care to reduce length of stay and improve access to in-patient services.
    - ✓ Build wider community support for families to enable people to be discharged earlier
    - ✓ Learn from care home Vanguard
  - **Workforce Development:**
    - ✓ STP mental health workforce strategy to increase mental health employment, reduce turnover and high numbers of temporary staff and enthuse the workforce.

- ✓ Maximise use of apprenticeships
- ✓ Develop competency based training rather than traditional training routes
- ✓ A different style marketing approach, eg roadshow to explain the depth and breadth of a mental health career

1.11 Strong themes throughout the day were:

- Focus on prevention and early intervention
- Work collaboratively and learn from each other – experts by experience, providers and commissioners, all ages
- Develop and value the workforce
- Freely share information and communicate openly with an emphasis on listening to understand
- “Look Beyond” what is known and we believe is possible to achieve our vision of the future.

1.12 Work from the workshop is now being used to set out a more a more detailed action plan, which will include wider engagement to ensure we turn our delivery plans into improved outcomes.

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